

# December's News

Richmond Education Centre/Academy

## Principal's Message



And then it was December!

We had a busy November, with report cards and parent-teacher conferences. Reminder to any parent/guardian who hasn't already made their way onto the Parent Portal that you can contact Shelley at the office and get yourself set up anytime!

Sports continue to roll out this fall and into the winter. Many thanks to Tommy Samson and Melissa Rioux who coached our girls' volleyball team. That season ended with a win in the consolation round of

Regional playoffs and represents the end of play for several grade 12 girls. Best of luck to those girls and our girls' soccer players who made us proud going to Provincials for the first time in school history. AR Fraser, with help from Rita Rieksts, earned our thanks for their work with this team.

Hockey continues this month and after Christmas, and we are hosting tryouts for both girls' and boys' basketball. Many thanks to Paul MacLean who continues to organize sport in the school. It can be a bit of a headache some days

but getting kids onto the ice/court/field makes it all worth it!

We are hoping to open the school up as much as we can given the ongoing pandemic, and we have a great musical event later this month. See page 2 for more details!

As we move into the new year, here's to crossed fingers that COVID-19 starts to wane.

On behalf of the staff at RECA, we wish everyone a peaceful and restful holiday season.

Sincerely,  
Lois Landry, Principal

December 2 2021

Volume 9 Number 3

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### Dates of Interest

- RECA Soirée: Sun., Dec. 12 at 5:00 pm
- SAC Meeting via Zoom: Thu., Dec. 16 at 3:15 pm
- Last (FULL) day before Christmas vacation: Tue., Dec. 21
- First day back after the holiday: Tue., Jan. 4

## Summer Opportunity

Looking for something to do this summer? If you are interested in learning or improving French and travelling to a new part of Canada, then Explore might be the perfect program for you.

Explore is an intensive French-immersion program that is offered during the summer for students aged 13+. With host institutions across the

country, you can experience francophone culture while traveling and making new friends! You are bound to succeed at Explore, with classes, workshops, and excursions filling your weekdays, along with trips and free time during the weekends.

Visit the [official languages programs website](#) for more information about this amaz-

ing opportunity and to access the application portal. The early-bird deadline for applications is February 15<sup>th</sup>, talk to your parent, French teacher, or guidance for help on your application. If you have any questions, text 'EXPLORE' to 1-506-479-6373 and Caroline, the promotion agent for the programs, will be happy to help!

## ***RECA SOIRÉE: JOIN US!!!***

It's been a long haul with COVID-19, and we haven't been able to have events in the school. We're pleased to say we've got one on the go in December, and it's a doozy!!!

Barn Bhreagh is an up and coming band featuring our own **Isabella Samson** (Class of 2022).

They'll be playing for us, with various RECA students serving as the opening act!

If you are looking for a great meal, Christmas cheer, and absolutely fantastic music, JOIN US for our RECA SOIRÉE: Sunday, December 12. Doors open at 5:00 and the meal will be

served at 5:30 pm. Contact anyone at the office for tickets, which are \$20 each.

Any profit made from this event will go to families in need during this holiday season!

(Proof of vaccination and government or student ID required.)

# **RECA SOIRÉE**

**Please join us for a lovely meal coupled with an evening of music by RECA students and special guests Barn Bhreagh (Featuring Isabella Samson).**

**Garden Salad  
Choice of Lasagna or Shepherd's Pie  
Apple Crisp  
Tea and Coffee**



**Sunday, December 12, 2021**

**Doors open at 5pm. Dinner served at 5:30  
RECA Performing Arts Room**

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**Cost: \$20**

**50/50 at the door**

**Tickets available through the school: 345-4949**

**Proof of vaccination with ID required**

# January's Exam Schedule—Grade 9 to 12

	Mon., January 24	Tues., January 25	Wed., January 26	Thur., January 27
AM	English 10 Plus (MM) English 10 (JH) Chimie 11 (BB) Oceans 11 (CM) English 12 (JH) Food Science 12 (SN) Global Geo 12 (GB)  Math 9A (PS) Math 9B (JF) Math 9Imm (PM)	Vis. Art 10/11 (KN) Histoire 11 (KF) Chemistry 11 (CM) Math at Work 11 (JF) Accounting 11 (KS) Biology 12 (BB) Math Essentials 12 (PS) Law 12 (SN)  English 9A (MM) English 9B (JB) English 9Imm (MM)	Math 10 Plus (RM) Math 10 Plus (PS) Math Essentials 10 (KS) Biology 11 (JF) English 11 (JH) Geographie Plan 12 (KF)  Science 9A (PS) Science 9B (JF) Science 9Imm (BB)	Sciences 10 (BB) Mi'kmaw Studies 11 (KS) Pre-Cal 12 (CM) English Com 11 (JH) English Com 12 (JH)
PM				Math 11 (RM)

## January Exams: Schedule and Cancellation Procedures

Students in grades 9 to 12 will be writing exams from January 24 to 27, 2022.

Morning exams run from 8:45 to 10:45am, and students have up to 30 additional minutes to write.

Afternoon exams run from 12:10 to 2:10 pm, and again, students can

have an additional 30 minutes to finish their exams.

There is no storm day built into exams. Friday, January 28 is an administration day for high schools, so there are no classes for students in grades 9 to 12 that day. Students in grades 4 to 8 have a full day of classes.

In the event of a school cancellation, exams are moved ahead one day. Monday's exams would be written on Tuesday, and so on. Thursday's exams would therefore be moved to Monday, January 31, and the first day of second semester would move from January 31 to February 1.

## Grade 9 Social Studies Exam in January

As in previous years, our grade 9 students will write one of their exams outside the regular exam schedule. The purpose for this is to help students prepare for exams in more meaningful ways.

Early in January, our guidance counsellor will visit all grade 9 classes and review study skills with students preparing to write exams later

in the month. While this has always been helpful, some students had trouble getting as much out of these sessions as we would have liked.

We borrowed a plan from other schools that saw grade 9 students writing their Citizenship exam the week before their other exams (Date to be announced later in Decem-

ber). Teachers correct that exam quickly so that they can review their performance in light of the study skill presentations from earlier in January. This allowed students to see the pitfalls of common mistakes (e.g., not using time wisely, not completing all questions, etc.) before they write their other exams the following week.

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2021-2022



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## Guidance News:

### GRADE 5-8: YOUR SCHOOL GUIDANCE COUNSELLOR

Sometimes our children become overwhelmed. There are benefits of mindfulness for kids:

1. **Increased focus, attention, self-control, classroom participation,** compassion. 2. Improved academic performance, ability to resolve conflict, overall well-being.

What are the 4 mindfulness techniques?

**Next time you find your mind racing with stress, try the acronym S.T.O.P.:**

- S - Stop what you are doing, put things down for a minute.
- T - Take a breath. ...

- O - Observe your thoughts, feelings, and emotions. ...

P - Proceed with something that will support you in the moment.

### GRADE 9-12: STARTING THE APPLICATION PROCESS

We are more than halfway through the first semester which means that exams will creep up on you quickly when we return from break. If you are having difficulties, be sure to reach out to your teachers. Do NOT wait until the last minute!

Students have already started looking at making course changes for second semester.

It is always best to do that sooner rather than later.

**TRANSCRIPTS:** A reminder that any students who need transcripts MUST order them in the Guidance Office as soon as they know they need them. We can email or fax them, however it is the student's responsibility to confirm that the institution received it.

As the school year progresses, please feel free to contact the guidance counsellors at the school if you have any questions or concerns. You can reach guidance at (902)345-4949 or by email: [denise.chiasson@srce.ca](mailto:denise.chiasson@srce.ca)

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